

# THE Key Piece

A MONTHLY PUBLICATION OF  
LOYD J. BOURGEOIS LLC

## In Memoriam

# GRANDMA PLUNK

Lindy's grandmother, "Grandma Plunk," completed her earthly adventures in February at the age of 97.

Lindy's words in her obituary and eulogy perfectly encapsulated the spirit of Grandma Plunk, so I'm sharing many of them here rather than attempting to write my own:

Grandma was a force. She made a mark on this world far and wide. When word of her passing spread, I started to get texts and messages from people, but they weren't just condolences for the loss of my grandmother. They all knew her. They all felt personally affected by her loss. They all had amazing stories to share. My sister Jamie shared the story of a time when she was on a flight. A lady from Des Allemands started to talk to her and found out that she was Mrs. Plunk's granddaughter. The lady exclaimed to the plane, "This is Mrs. Plunk's granddaughter!" to which at least seven people on the flight, who did

not seem to be traveling together, called out, "We know Mrs. Plunk!" I would think that story was an exaggeration, except I lived



it all the time. Everyone knew Plunk. And not only that, they all loved her. They would immediately say how amazing she was and how they wanted to be her when they grew up.

The truth is, few could keep up. I

remember as a small child trying to keep up with her as we walked through the zoo. Between her long legs and her constant desire to be moving with purpose, our little legs had to do double time to catch up. While the adults had legs that could physically keep up, no one could match her energy or desire to be on-the-go.

Grandma wanted to do all the things, see all the places, and meet all the people. She was fiercely independent and hated being idle.

After graduating from Hahnville High with honors in 1942, she dreamed of becoming a teacher. However, she became an RN after attending Touro Nursing School under a military program due to the wartime nursing shortage. Her nursing work during World War II earned her the title of U.S. Veteran. She then worked as an RN at Touro, for Dr. Couch's office in Paradis, at St. Ann Hospital in Raceland,

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Loyd J. Bourgeois  
Attorney-at-Law



## GET YOUR FREE COPY! *Injury Victim's Diary*

I created this workbook for you to document all the evidence you need to obtain a fair settlement from the insurance company after getting hurt in a wreck; things you may forget with time, like:

- The accident details.
- Witness information.
- The progression of your pain and symptoms.
- History of missed work and wages.
- Names of doctors and dates of visits.
- And more!

*If you'd like a copy of this resource or know someone else who may need one, give our office a call at (985) 240-9773 or visit [LJBGuides.com](http://LJBGuides.com). We'd be happy to send you a free copy.*

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# LJB's Cookin' Corner

## CRAWFISH FETTUCCINE

This month's recipe comes from our personal injury attorney Megan's Aunt Lucy. Aunt Lucy hosted a popular cooking show that ran for eight seasons on PBS titled, "Ms. Lucy's Classic Cajun Culture & Cooking." She also published a cookbook of the same name filled with family recipes handed down from Lucy's mother and grandmother. For Megan's wedding, Lucy gifted her a signed cookbook. This month's recipe comes from that book.

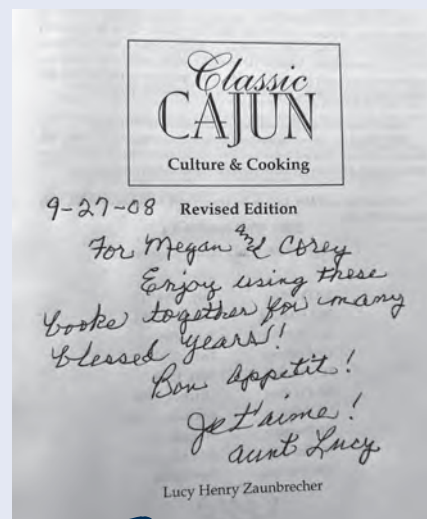


- 2 tbsp. parsley flakes
- 2 pounds crawfish tails, peeled
- 1 ½ pounds Velveeta jalapeño cheese, shredded
- ½ cup half and half
- 1 pound dry fettuccine or wide egg noodles
- Parmesan cheese

### INSTRUCTIONS

Sauté the onions, bell pepper, and garlic in butter. Add flour and cook and stir 5 minutes. Add parsley and crawfish. Fold in Velveeta and half and half. Cook on low for about 30 minutes. Cook noodles, drain, and rinse. Mix noodles and cheese sauce and pour into a 9x13-inch baking dish. Sprinkle with Parmesan cheese. Bake at 350 degrees for about 20 minutes.

*If you have a recipe that you'd like to submit to the newsletter, please share it with us at [info@LJBLegal.com](mailto:info@LJBLegal.com). We're always looking for new recipes to try and share.*



*Enjoy!*

### INGREDIENTS

- 1 onion, finely chopped
- ½ bell pepper, finely chopped
- 1 clove garlic, crushed
- 1 stick butter
- 2-3 tbsp. flour



"Megan is an excellent attorney. She is upbeat and patient. She cares about her clients and her cases. Would 100% recommend." — Arnona Toni

## HHS Hi-Steppers win national championship in dance competition

Sophie and the Hahnville Hi-Stepper dance team earned the title of National Champions at Dance Team Union's national competition in Orlando last month. Fifteen months ago, this was a team without a coach.

Their progress and accomplishments in that short time frame are a testament to the power of team, hard work, high expectations, coaching, drive, and determination. Some great life lessons are to be learned from their journey.



## FUN STUFF: SUDOKU

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Find the answer on the back page – it's upside-down!

## Reminder About Our Firm's COMMUNICATION POLICY

Our promise to you is that while we are working on YOUR case – we are WORKING on YOUR case. And this goes for each and every one of our clients. This means that our focus and attention are squarely on your case

and not anything else. Because of this, Loyd Bourgeois DOES NOT take unscheduled phone calls, emails, or walk-ins. This makes all of us more productive, efficient, and knowledgeable about YOUR case. It may help get your issue resolved faster. You can always call the office at (985) 240-9773 and schedule a phone appointment or in-person visit.

### DISCLAIMER:

This publication is intended to educate our clients, referral sources, and others in our network. This is not intended to be legal advice.

Each case is different You can pass this information along to your family and friends as long as the newsletter is copied in its entirety.

## GRANDMA PLUNK CONTINUED

and ended her long career after many years as a nursing supervisor at Ochsner Hospital at the age of 78. She believed in exercise; always taking the stairs between floors at the hospital. After retirement, she could be found taking multiple exercise and line dancing classes in a single day.

She kept her calendar full with activities and volunteering. She was a member of many groups, including the Red Hat Society and Busy Bees, and a board member for the Council on Aging. She read to elementary students as an Allemands Angel and cuddled babies in Ochsner's NICU. Her extensive volunteer work with RSVP, St. Charles TRIAD, and many other organizations earned her the President's Volunteer Service Award at the age of 95.

She was a lifelong parishioner of St. Gertrude Catholic Church, serving as a commentator, lector, Eucharistic minister, and collections counter. She could be found every year running the Cherry Bell booth at the Catfish Festival, where our family loved to gather. She was awarded the Order of St. Louis Award for her time and talent contributions as a lay member of the Church.

She was an avid traveler, visiting France, England, Germany, Italy, Greece, Spain, Portugal, Canada, Israel, and Nova Scotia, along with extensive travel within the U.S. Never content to simply be a spectator, she rode camels in Egypt past the pyramids, a helicopter into the glaciers of Alaska, and a hot air balloon across the southwest desert.

Plunk was a fervent gardener, growing many fruits and vegetables along with Christmas cacti, orchids, roses, and hosts of other plants. The most attention, devotion, and care went to her prized collection of African Violets. When visiting your home, she would point out plants that needed TLC and would often bring them home with her to nurse them back to their full glory on her patio-turned-greenhouse. She was an


amazing cook, and her Thanksgiving feasts were legendary. Many of her dishes will never be perfectly replicated despite her clear instructions of adding "enough" of each ingredient and cooking "till it looks right."

She was a skilled quilter, donating quilts that she either made herself or with her quilting group to the Church each year to raffle. She loved to sew, crochet, play cards, and host Pokeno night. She had an affinity for building puzzles and passed her passion on to her family. Nightly, you could find Plunk with a collection of her children, grandchildren, and great-grandchildren drinking coffee around the puzzle table.

A devoted matriarch, she welcomed every new member of her ever-growing family with the same fierce love, whether they joined by birth, marriage, or friendship and was immediately "Grandma Plunk" to all. She could be regularly found attending ball games, plays, school activities, and dance recitals. She loved going out to eat. Everyone in the family would take her to eat, and every group had their favorite spots. Ours was Drago's.

Grandma once told me that the worst thing about growing old is that your body gets older, but you still feel the exact same inside. She said her insides still thought she was 25.

She was an inspirational model of life fully lived. She touched many lives across multiple generations. She left a legacy of family, faith, service, independence, and adventure. We were beyond blessed to have her in our lives. If you're one of the people who wants to be Grandma when you grow up, I can think of no better person to be. If you want to live like Grandma Plunk, don't wait. Find your inner 25 year old. Do all of the things. Go all of the places. Give all of the love. She certainly did.



## REID'S JOKE CORNER

I just don't trust staircases....  
**They're always up to something.**

I took my cat's medicine yesterday.  
**Don't ask meow.**

## Recent referrals

*We are always thankful to those who trust us enough to recommend us to their family, friends, and/or clients.*

- Dennis Mire
- Mary Bourgeois
- Jerri Lynn Cooper
- Lynelle Adams
- Beverly Jung
- Helen LeBlanc
- Amanda Sullivan
- Jake Lemmon, attorney
- Shane Conrady
- Robert Mathews
- Dawn Stipe
- Patrick Skiles, attorney
- Micah Terrebonne
- Herbert Zeke Abadie
- Patricia Stewart
- Jed Cain, attorney
- Arita Bohannon, attorney
- Sharon Matherne
- Ronald Riera
- Rick Collins
- Wanda Nicole Brooks
- Bobbye Jo Ramage
- Elizabeth Arregui
- R. Scott Ramsey, attorney
- Joby Hogan
- DeeDee Thibodeaux

HAPPY  
**Easter** FROM *the*  
**LJB LEGAL TEAM**

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## LEGAL VIP PERKS

Notary services are a courtesy we offer to our clients for free as long as we don't have to prepare the document. Just send us an email at [info@ljblegal.com](mailto:info@ljblegal.com), and we're happy to help you.





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### EMMA CANELL JOINS THE LJB LEGAL TEAM

Emma Canell has joined the team as our Client Onboarding Coordinator.



CANELL

Emma's mother was a paralegal for a family law attorney. Emma grew up visiting her in the office and loved to help anywhere she could. After high school graduation, Emma went to work as a receptionist and legal assistant at a small family law and personal injury practice in Baton Rouge. After next working in a sales and service position, she knew she wanted to work in a law firm in which she could help people through their toughest times in life. Luckily, she found us!

When she's not at work, you can find Emma spending time with her husband, their dog, and their family. Emma is one of six children, and she describes her family as a big priority in her life.

Emma has already proven herself as a contributing and valuable member of our team and is already receiving rave reviews. Her desire to help our clients in any way she can is evident in all of her interactions. If you get to speak to her, please give her a warm welcome!

**"The LJB Legal team's dedication to helping others and doing so compassionately really stood out to me. It feels like a family here, with the team and with the clients."**

— Emma Canell

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Visit our website at LJBLegal.com, or follow us on your favorite social media site: Facebook, Pinterest, Twitter, and more!



"Emma Canell was extremely helpful and respectful. I only wish I would have called this attorney sooner." — Cynthia Cardenas

