

THE Key Piece

A MONTHLY PUBLICATION OF
LOYD J. BOURGEOIS LLC

NEW YEAR, NEW YOU

...or Not?

Are you one who commits to improving some aspect of your life with the turning of the calendar?

Research shows a significant percentage of us who make resolutions focus internally – improving our lifestyle, eating healthier, exercising more, etc., and interestingly – most of those who make resolutions believe they will achieve their goals.

While New Year's resolutions may sound cliché, I can't help but make a few myself each year. And while I try not to wait to work on those things I see need improvement, there is just something about a new year that inspires a bigger commitment to those improvements.



Resolutions show you

- are intentional about your life,
- optimistic about your future,
- take responsibility for your own outcomes, and
- inspire yourself and others.

My biggest tip (well, two) is to write it down, and get an accountability partner. Writing it down makes it more real. It's a psychological trick to get your brain to see it as something tangible and definable, not merely a hope stuck inside your mind.

The accountability partner helps you overcome those bad moments, pushes you when you don't want to be pushed, and gives you a hand up when you fall down.

So if you want to be intentional about your life and take on the responsibility of becoming the person you want to be, make a few resolutions. It's never too late!

National Clean Off Your Desk Day

The second Monday January each year is National Clean Off Your Desk Day.

This day is an opportunity to begin the new year with a clean, organized workspace. Whether your desk is in a private or shared office, cubicle, home, or a makeshift desk on the counter, this help you focus, be more productive, and make you feel good about your workspace.

Clean Desk Tip: Don't be afraid of the trash can! Throw away clutter, paper, and things you don't need. One of the hardest things people face when cleaning their desks is to simply be able to chuck stuff when they don't need it. Get rid of the, "I might need this one day" mentality.



Lloyd J. Bourgeois
Attorney-at-Law



GET YOUR FREE COPY! Injury Victim's Diary

I created this workbook for you to document all the evidence you need to obtain a fair settlement from the insurance company after getting hurt in a wreck; things you may forget with time, like:

- The accident details.
- Witness information.
- The progression of your pain and symptoms.
- History of missed work and wages.
- Names of doctors and dates of visits.
- And more!

If you'd like a copy of this resource or know someone else who may need one, give our office at call at (985) 240-9773 or visit LJBGuides.com. We'd be happy to send you a free copy.

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LJB's Cookin' Corner

POTATO SOUP

This was one of the first recipes Lindy discovered on Pinterest many years ago. It has been in regular rotation at our house ever since. But we hadn't made it since last winter until it was requested again last week by Reid. Crockpot meals are great since most of our evenings are full of extra-curricular activities. This soup is especially welcome after a frigid night in the soccer stands.

NOTE: Lindy usually doubles the recipe for our family and uses one bag of shredded hash browns and one bag of cubed.

INGREDIENTS

- 1 30oz. bag of frozen, shredded hash browns
 - 3 14oz. cans of chicken broth
 - 1 can of cream of chicken soup
 - 1/2 cup onion, chopped
 - 1/4 tsp. ground pepper
- 1 package cream cheese
(Not fat-free, it will not melt properly.)

TOPPINGS

- Shredded cheddar cheese
- Crumbled bacon
- Green onions

DIRECTIONS

1. In a crockpot, combine everything EXCEPT for the cream cheese.
2. Cook for 6-8 hours on low heat.
3. About 1 hour before serving, cut softened cream cheese into cubes and add to pot. Keep on low heat stirring, regularly, until thoroughly melted.
4. Serve with cheese, bacon crumbles, and green onions.

If you have a recipe you'd like to submit to the newsletter, please share it with us at info@LJBLegal.com. We're always looking for new recipes to try and share.



Enjoy!

February holidays, important celebrations

Did you know all these days existed in February? Let's take a look:

- 1: National Dark Chocolate Day
- 2: National Ukulele Day
- 3: Doggy Date Night
- 4: National Homemade Soup Day
- 5: National Eat Ice Cream for Breakfast Day
- 6: Pay a Compliment Day
- 7: National Fettuccine Alfredo Day

- 8: National Kite-Flying Day
- 9: National Pizza Day
- 10: National Umbrella Day
- 11: National Guitar Day
- 12: Darwin Day
- 13: Galentine's Day
- 14: Library Lovers' Day

This is just a sample of some of the lesser-known celebrations in February. For more, visit nationaltoday.com/february-holidays.

CHRISTMAS BLESSING CONTINUED

to visit her room with COVID protocols. On Jan. 12, she was discharged home to continue rehab out-patient.

We are so grateful for everyone's prayers and all who so kindly reached out to offer their support.

Reminder About Our Firm's COMMUNICATION POLICY

Our promise to you is that while we are working on YOUR case – we are WORKING on YOUR case. And this goes for each and every one of our clients. This means that our focus and attention are

squarely on your case and not anything else. Because of this, Loyd Bourgeois DOES NOT take unscheduled phone calls, emails, or walk-ins. This makes all of us more productive, efficient, and knowledgeable about YOUR case. It may help get your issue resolved faster. You can always call the office at (985) 240-9773 and schedule a

phone appointment or in-person visit.

DISCLAIMER: This publication is intended to educate our clients, referral sources, and others in our network. This is not intended to be legal advice. Each case is different. You can pass this information along to your family and friends as long as the newsletter is copied in its entirety.

FUN STUFF: SUDOKU

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Find the current answer key at tinyurl.com/ljbsudoku

Happy Valentine's Day from LJB Legal!

Where's THE Will?

"It's got to be here somewhere?" "Did you check the file cabinet?" "Of course, I did." "What about the suitcase they brought with them when they evacuated for the hurricane? Maybe it's still there."

When your family is faced with tragedy, the last thing anyone wants to be doing is digging through someone else's personal effects searching for paperwork. Unfortunately, many people find themselves in this position during one of the most emotional periods of their life.

Your Will should be stored along with other important documents in a safe, known location.

A Will can be stored in your home in a personal safe, a locked filing cabinet, or in another safe location. If you store your Will in a location requiring a combination, password, or key for entry, be sure to share that information with someone you trust besides just your spouse.

In the unfortunate case you and your spouse are in an accident together, it does no good if they are the only other person who knows the location and/or can access the documents.



Store the documents in LABELED folders or envelopes for ease of location. Even if your family knows where to look, they're unlikely to find it easily if it's mixed in a stack of bank statements or other papers.

If you feel that your Will needs to be hidden away because someone in your family may steal or destroy it, give me a call and I'll be happy to recommend a

trusted professional for you to work with for detailed planning specific to your situation.

Bottom line, wherever you store your Will, make sure important people you trust know where it's located so they can easily access it when the time comes. If you spent time, effort, and money to create a Will, and no one knows it exists or where it is, it's as if you never did it at all.

Make sure important people you trust know where [your will] is located so they can easily access it when the time comes.

LJB LEGAL VIP PERKS

Loyd, Lucy, and Megan are all notaries. Notary services are a courtesy we offer to our clients for free as long as we don't have

to prepare the document. Just send us an email at info@ljblegal.com, and we're happy to schedule.

REVIEW ROUNDUP



"I contacted Loyd Bourgeois' office after being denied twice for my disability claim, and I am so glad that I did. His reviews were excellent as compared to the disability attorneys that were recommended by the Social Security Administration. Christy Crotwell has been wonderful every step of the way in obtaining my information, gathering medical records, and keeping me involved every step of the way. She always returned calls, no matter how late in the day, and addressed each issue or concern that I had. Christy made sure I was properly prepared for my hearing with the administrative judge. Thanks to Christy and Loyd, I received a favorable decision with my disability claim. I recommend that anyone needing to file a disability claim hire Loyd J. Bourgeois to help them win their case.

— *Andy Collette*

Lucy and Megan were very compassionate, professional, and explained everything with all options I had. It went better than I could have ever anticipated. I would recommend them to everyone. I thank you for helping me make a decision and will utilize your expert opinions and advice in the future. Thanks again!

— *Tom Landry*

Thank you for your recent referrals to LJB Legal

- Corey Oubre, attorney
- Rochelle C. Fahrig, attorney
- Caleb Didriksen, attorney
- Michael Weinberg, attorney
- Brandon Osterbind, attorney
- Joe Rochelle, attorney
- Brittany V. Carter, attorney
- Douglas Fazio
- Lorraine LeBlanc
- Kara Dufrene

"People with goals succeed because they know where they're going."

— *Earl Nightingale*



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How We Help:

Disability • Injury • Divorce • Insurance

"We Fight Life's Legal Battles with Compassion and Care!"

- Hurricane Insurance Claims
- Car Accidents & Personal Injury
- Social Security Disability & Long-Term Disability
- Divorce & Child Custody

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A CHRISTMAS BLESSING

I wrote last month about the tragic car accident my grandparents were involved in just before Thanksgiving. I'm thrilled to report that my grandmother "Mammie" has made significant strides since our last newsletter.

In the weeks following the crash, she endured more surgeries, was slowly taken off of sedation, removed from the ventilator, discharged from the trauma ICU, and moved into a regular room.

Then, days before Christmas, she was transferred to an in-patient rehab facility. We were able to wheel her outside on Christmas Day to enjoy some fresh air for the first time in over a month, as well as get to visit with a lot of her "babies" (great-grandkids) not able



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