

# THE Key Piece

A MONTHLY PUBLICATION OF  
LOYD J. BOURGEOIS LLC

## DON'T TAKE IT FOR Granted

"Wait, what happened?" I said to my daughter as we both lay on the couch semi-watching the Bills v. Bengals Monday Night Football game. I was not particularly paying attention, but I glanced up to see the ambulance on the field.

"I'm not sure, but that guy was hurt," she responded. So we hit the back button on the DVR to see if we could see what occurred. What a tough thing to witness!

Thankfully, by all indications available to the public at the time of this writing, Damar Hamlin has made tremendous progress and is well on his way to recovery.

But the incident and actions of those involved led to and continue to provide significant discussion points relevant to family, life, and business.

The play laid bare the fragility of life on national television for all to see. It was a vivid reminder to love those you

love and make sure they know. You – or they – may be gone in an instant.

The immediate aftermath, with competitors from both teams, kneeling, praying, and trying to contain emotion as plenty of unknowns swirled around them, was a stark contrast to the competitiveness and division inherent in such sporting events. The humanity shown in this moment should be a reminder to those who foster division in politics and through media. Compassion and love for others have an amazing power to unify.

For the business aspect, I want to focus on the doctors and trainers, but not their heroic actions in the seconds and minutes after the incident (although they were extremely important and lead to a seemingly great

outcome for Demar under the circumstances). I want to focus on those same personnel – educated, experienced, and knowledgeable doctors, trainers, and others from both teams – and their actions before the game. They met and went over a plan in case of catastrophic injury. They could have approached this with a 'done this a thousand times; don't need to listen or plan; already know what to do' attitude, but by all accounts, this meeting established clear responsibilities and reinforced key information which ultimately proved life-saving. **Thankfully, those professionals didn't take for granted they would know what to do and who would do what.**

As our family discussed before we went to bed, don't take for granted anything in your life – whether it's life itself, your current situation, or things you "know or expect." Everything can change in an instant.



Lloyd J. Bourgeois  
Attorney-at-Law



### GET YOUR FREE COPY! *Injury Victim's Diary*

I created this workbook for you to document all the evidence you need to obtain a fair settlement from the insurance company after getting hurt in a wreck; things you may forget with time, like:

- The accident details.
- Witness information.
- The progression of your pain and symptoms.
- History of missed work and wages.
- Names of doctors and dates of visits.
- And more!

*If you'd like a copy of this resource or know someone else who may need one, give our office at call at (985) 240-9773 or visit [LJBGuides.com](http://LJBGuides.com). We'd be happy to send you a free copy.*

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# LJB's Cookin' Corner

## COPELAND'S CRAWFISH BREAD

Our daughter's birthday usually falls around Mardi Gras, and one of her favorite places to celebrate is at Copeland's. The reason? King Cake Cheesecake. This seasonal delight is a layer of king cake and a layer of creamy cheesecake with the perfect thin crumbly cinnamon crust with icing and, of course, purple, green, and gold sugar crystals. Now that you're craving this delectable treat, I'm sure you're craving a slice yourself. Well, unfortunately, our recipe will not help you. That one's a little ambitious for our kitchen. But we can reproduce Sophie's favorite Copeland's appetizer: Crawfish Bread.

### INGREDIENTS

- 1 pound crawfish
- 2 tbsp butter or margarine for frying
- 1 stick melted butter
- 2 tbsp honey
- 1/2 cup chopped onion
- 1 green bell pepper, chopped
- 1/2 cup green onions, minced
- 4-5 cloves garlic
- 1/2 tsp kosher salt
- 1/4 tsp black pepper
- 2 cups mayo
- 3oz provolone cheese
- 3oz mozzarella cheese
- 3oz cheddar cheese
- 2 loaves French bread, cut in half

### INSTRUCTIONS

1. Add 2 tbsp of margarine to a frying pan over medium-high heat. Margarine is healthier than butter, as we all know.

2. Once the margarine is almost melted, add 1/2 cup of chopped onion and chopped green bell pepper and sauté for 5 minutes or until wilted.
3. Then, you need to add the 1/2 cup green onions, since they are slightly softer than regular onions, and the garlic cloves. You can smell the garlic butter odor this time, which is my favorite. Let the mixture cook, and stir for 3 minutes.
4. Add the crawfish to the vegetable mixture and season with salt and black pepper. Put the frying pan on low heat, cover, and cook for ten minutes.
5. In a small bowl, combine two tablespoons of honey and one stick of melted butter. Combine the ingredients and set them aside.
6. After 10 minutes, add 1 1/2 cups of mayo to the cooked crawfish. Next, add the three types of cheese. Before adding the cheeses, slice them evenly with a cheese grater.
7. The mayo-cheese mixed crawfish should now be spread over the French bread. Spread it evenly on each half of the French bread.
8. Place the bread on the baking sheet, and then brush it with the honey-butter mixture.
9. Place the baking sheet in the oven at 250 degrees Fahrenheit. Set the timer for 15 minutes. The baking sheet will begin to



smell amazing after 15 minutes.

*If you have a recipe that you'd like to submit to the newsletter, please share it with us at [info@LJBLegal.com](mailto:info@LJBLegal.com). We're always looking for new recipes to try and share.*

# Enjoy!

## Thank you for your recent referrals to LJB Legal – 255 total in 2022!

*We are always thankful to those who trust us enough to recommend us!*

- Brenda Murla
- Maureen Ardoin
- Steven Bach
- Mary Bourgeois
- Makayla Gardner
- Michelle O'Daniels, attorney
- Jamie Stone
- Brandy Dufrene
- Elena Dufrene

- Jake Lemmon, attorney
- Law Office of Ramsey, Skiles, & Strevva
- Anette Lewis
- Christy Crotwell
- Ron Dantin
- Darryl and Penny Cunningham
- Margo Russell
- R. Scott Ramsey, attorney
- Russell King, attorney
- Colleen Lockhart
- Tessa Seitzinger

- Oscar Sanchez
- Gary McCall

In 2022, we were blessed with receiving 255 referrals to our office. Wow! We are committed to providing compassionate and caring legal help during life's toughest times. Your faith and trust in us are greatly appreciated, and we are committed to living up to that trust

by continuing to provide the best possible service to everyone who contacts us.

We would also like to thank all of the new clients who have come to us as a result of your referrals. We hope you have had a positive experience with our firm. We are truly grateful for the opportunity to serve you and your loved ones.

### Reminder About Our Firm's COMMUNICATION POLICY

Our promise to you is that while we are working on YOUR case – we are WORKING on YOUR case. And this goes for each and every one of our clients. This means that our focus and attention are squarely on your case

and not anything else. Because of this, Loyd Bourgeois DOES NOT take unscheduled phone calls, emails, or walk-ins. This makes all of us more productive, efficient, and knowledgeable about YOUR case. It may help get your issue resolved faster. You can always call the office at (985) 240-9773 and schedule a phone appointment or in-person visit.

### DISCLAIMER:

*This publication is intended to educate our clients, referral sources, and others in our network. This is not intended to be legal advice.*

*Each case is different. You can pass this information along to your family and friends as long as the newsletter is copied in its entirety.*



## CELEBRATING TEAM SUCCESS

At LJB Legal, we are fortunate to have a dedicated and talented team working on behalf of our clients. Recently, we took the opportunity to celebrate our successful year with a firm dinner.

Although the work we do can be challenging, it is also incredibly rewarding. As a legal team, we often find ourselves fighting for people during some of the toughest times in their lives. This can be emotionally and mentally draining, so it's

important to take a step back and recharge every once in a while. That's why we were so excited to come together and enjoy each other's company over a meal. The laughter at our table was a testament to the strong bonds we have formed as a team. We did miss Jonathan as he dodged an ice storm to travel and visit family for the holidays.

We are grateful to work with such a wonderful group of people and are looking forward to another successful year together.



## WINNERS OF OUR 12 DAYS OF CHRISTMAS GIVEAWAY

We celebrated the holiday season by showcasing on social media some of the local businesses we love. For 12 days, we featured one local business each day, and we also gave away a \$50 gift card to each.

- **The Basketry:** Madeline Lonegran
- **Cherry Lane Boutique:** Quinn Zeringue
- **Best Life Nutrition:** Jenny Roberts
- **Fujiyama:** Amanda Thomas
- **Santos:** Patrick Cruice
- **The Table Café:** Lacey Keller
- **J'aime Le Café:** Niarri Sorapuru
- **Little Tokyo:** Rachele Johnson
- **Heart N Soul Boutique:** Amanda Falcon



- **PJ's Coffee House:** Stacy Engel
- **Las Rosas:** Shannon Breaux
- **Drago's:** Tracy Daniels

We're always eager to support local small businesses. Many of these businesses know our family and team members, they bring our drink orders when they see us, or ask about the kids' current activities. When you support local, you're not just getting better service, you're also supporting the local economy and our rebuilding, and helping create jobs. Scan here to follow us on Facebook to be informed about the next giveaway!

## REVIEW ROUNDUP



"An excellent team! Not only did they help me win my case, they put me in contact with useful resources to help me through the waiting period. Thanks for everything!"

— *John V.*



"Christy definitely demonstrated the most absolute elite-level of professional legal knowledge, friendliness, respect, and the utmost compassion. Christy was so easy to talk to, and showed much concern about me personally, beyond just my case. She definitely sensed my fear and uneasiness. Throughout the entire conversation, she kept asking me if I had any questions regarding the topic we were on. Christy did an awesome job of putting my mind at ease, and at the same time, giving me the truth about my case and preparing me for the process ahead without giving me false hope. Upon ending, I must say that after our first conversation, I feel more confidence and know that I will be in good hands with this team on my side!"

— *Susan L.*



## REID'S JOKE CORNER

My mother-in-law gave Reid a few joke books for Christmas. They were a hit. My decision to outsource this column remains a smart one!

I don't want to brag, but I finished the jigsaw puzzle in a week...  
And it said 5-8 years on the box.

I got a great joke about puzzles, but I can't get it together.



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## How We Help:

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"We Fight Life's Legal Battles with Compassion and Care!"

- Hurricane Insurance Claims
- Car Accidents & Personal Injury
- Social Security Disability & Long-Term Disability
- Divorce & Child Custody

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### ALL OUR AREAS OF EXPERTISE

# Wait, y'all handle that?

Recently, a former client called up and asked if we could provide them with a referral for their divorce.

"We handle divorce here in our office. We'd be happy to help you," replied Makayla, our client onboarding specialist.

The client replied, "That's great! I didn't know." So, we want to be clear and not take for granted everyone knows what we do. Here are the cases we handle:

**PERSONAL INJURY:** Car crashes, truck crashes, slip and falls, offshore injury, bike v. motor vehicle, pedestrian v. motor vehicle, boat crashes, and more.

**FAMILY LAW:** Divorce, child custody, property partitions, retirement plan separations, step-parent adoptions, name changes, and more.

**DISABILITY:** Social Security Disability denials and employer-provided long-term disability denials.

**HURRICANE INSURANCE:** Underpayment from your insurance company for your hurricane damage.

We also handle other select issues on a case-by-case basis. Just give us a call, and if we cannot help with your specific issue, we can likely put you in touch with a trusted resource who can.

### FUN STUFF: SUDOKU

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Find the answer online at [tinyurl.com/ljbsudoku](http://tinyurl.com/ljbsudoku).

### LEGAL VIP PERKS

Our attorneys are all notaries. Notary services are a courtesy we offer to our clients for free (as long as we don't have to prepare the document). Just send us an email at [info@ljblegal.com](mailto:info@ljblegal.com), and we're happy to help you.