

the Uyghur people

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persecution faced or rights taken away. But the fact that we are free to whine and complain says much about the

To truly see people persecuted and rights taken away, look to the Uyghur (or Uighur) people of northwest China right now. These ethnic minorities are being forced into internment and slave labor camps,

> implanted with intrauterine contraceptive devices or sterilized against their will, and by some accounts, killed without Uyghurs have been detained for

contacting people from certain countries, attending religious services, having more than three children or sending texts with religious verses. The Uyghurs are facing true persecution and abridgment of not

Continued on page 3...

'Many of the truths we cling to depend on our point of view.'

- Yoda

An alarming trend I have noticed in general – but particularly during this election year with a pandemic sprinkled in for fun

- is the sheer amount of people whining and complaining about being

persecuted for their beliefs

or having their rights taken away.

From the

"wearing

masks takes away my liberty" crowd, to the "religion is under attack" faction, and "the system is against me"

krewe – many

protest about

alleged persecution faced and the rights supposedly taken away!

"To truly see people persecuted... look to

> just cause or due process. a variety of reasons, including

only legal rights, but basic human rights.

The transgressions many complain of here in the great US of A as persecution or taking away of rights pale in comparison. The government (federal, state or local) has not prevented – at least to my knowledge or experience - anyone from practicing their faith, going to church, texting religious messages, communicating with other countries, or having more



Loyd J. Bourgeois Attorney – at – Law

OUR MISSION STATEMENT

We Help You Fight Life's Legal Battles with Compassion and Care!

- Social Security Disability
- Long-Term Disability
- Personal Injury
- Car Accidents
- Divorce and Child Custody

Reminder About Our Firm's

COMMUNICATION **POLICY**

Our promise to you is that while we are working on YOUR case - we are WORKING on YOUR case. And this goes for each and every one of our clients. This means that our focus and attention are squarely on your case and not anything else. Because of this, Loyd Bourgeois DOES NOT take unscheduled phone calls, emails or walk-ins. This makes all of us more productive, efficient and knowledgeable about YOUR case. It may help get your issue resolved faster. You can always call the office at (985) 240-9773 and schedule a phone appointment or inperson visit.

DISCLAIMER: This publication is intended to educate our clients, referral sources and others in our network about disability denials and disabling personal injury claims. This is not intended to be legal advice. Each case is different. You can pass this information along to your family and friends as long as the newsletter is copied in its entirety.

CRAISIN SALAD

LJB's Cookin' Corner

An avid newsletter reader recently had a special request. She asked us to feature the Craisin Salad Lindy regularly serves at our family parties. It's a pretty simple recipe, but always a hit. It's also very refreshing in the summer. Andrea, this one's for you!

DRESSING INGREDIENTS

- · I packet Good Seasons Zesty Italian Salad Dressing mix
- ½ cup vinegar
- ½ cup extra virgin olive oil
- · 3 tablespoons water

DRESSING INSTRUCTIONS

- Combine vinegar, water and dressing mix in a dressing cruet or container with a tight-fitting lid.
- 2. Shake until well blended.
- 3. Add oil.
- 4. Shake again until well blended.

SALAD INGREDIENTS

- · 2 cups romaine lettuce
- · 2 cups baby spinach



- · 1/4 cup Craisins dried cranberries
- ½ cup crumbled feta cheese
- ½ cup chopped pecans

SALAD INSTRUCTIONS

- I. Wash salad greens and spin dry in a salad spinner. Place greens in a large salad bowl.
- 2. Sprinkle with pecans, cranberries and crumbled feta cheese.
- 3. Gently toss to combine.
- 4. Pour dressing over salad.
- 5. Gently toss again.



Thank you for your recent referrals!

Big Easy Law Group (Jenny Abshier) Law Office of Lucy Killen Nicholson Law Firm (Jeff Nicholson) Leslie Brady Rhonda Eschete Monique Ingram Richard Whitney

NEW WEBINAR

How much is your La. car accident injury case worth?

I've created a webinar for people who have been injured in a wreck in Louisiana and want to know if they are receiving a fair settlement from the insurance company.

Don't enter into a negotiation until you have an understanding of what a fair settlement for your claim includes. If you let the insurance company take the lead and steer the process, they will take advantage.

During this webinar, I will guide you through how insurance companies, and ultimately judges and juries, evaluate damages to help you understand what your case is worth. We will discuss things like pain and suffering, medical expenses and lost wages.

The insurance company usually holds all of the cards, but we can help change that. Watch our webinar at LJBLegal.com/case-worth.



FREE WEBINAR: *LJBLegal.com/case-worth*

FIRST IMPRESSIONS MATTER

How to meet someone in real life

"So, did you get to meet her? What was your impression?" I asked a team member about a recent potentially important meeting. Her response was, "It was OK. She looked at her phone most of the time."

What! That is completely not OK... not for any meeting, much less a first impression. What exactly is someone saying if they're locked into their phone the first time you meet them?

Here are some tips for making the first meeting memorable and developing a connection with the other party:

1. TALK

Do you remember the name of the person who just sat at the table or stood in the corner of the party? Actively participate in conversation, and you will likely be remembered. Ask questions, share stories and actively engage.

2. LISTEN

While talking can help you ease into the flow of the meeting, listening is where you develop a connection. Tips for active listening include turning your ear slightly towards the person talking while maintaining eye contact (this action shows you

are listening to the speaker) and repeating the last two to five words to your conversation partner in the form of a question or declaration when they are finished speaking. (For example, "I heard x. That's interesting. Tell me more.")

3. HAVE GOOD BODY LANGUAGE

Your body says as much as your mouth. Think about the active listening key noted before (turning your ear slightly towards the speaker). Have an open, welcoming posture — no folded arms, hidden hands or sullen expressions. You don't have to be happy and smiling, but your expression should say, "I am open and glad to meet you," not, "This is a bother, and I'm ready to go home." Keep your arms and hands free and loose. If you are wearing long sleeves, maybe unbutton them and pull them up.

4. ATTITUDE IS EVERYTHING

If you approach the meeting thinking it will be a bore and you will learn nothing new, that will be the outcome. If you approach the meeting thinking about how lucky you are to meet someone new and can't wait to learn about them, that will be the outcome.

POINT OF VIEW CONTINUED...

than three children. There are no slave labor camps. Churches are open, broadcasting freely on television and the internet, and the government is not forcing people into internment camps or preventing anyone's exercise of constitutional rights. We are all free to choose where we work, live, shop, eat, drive and with whom we associate!

The complaints about religion being under attack in America, mask mandates trampling upon Constitutional rights, and government persecution are often, if not solely, dependent on the point of view of the holder, not fact. (Fact being something that is proven or unproven with objective evidence... some may say fake news!) Let us raise our ire to true persecution and our voices to actual human rights violations. Let us not be swayed by the snake oil salesmen who only want to divide us to ensure their election, sell their opinions and ensure their place.

REVIEW ROUNDUP



"I have recently had the pleasure to get to know Loyd. He is a passionate, honest, caring attorney (not things you commonly think about with attorneys). I highly recommend talking to him about your personal injury and disability needs."

— Billy Beaudreau, Physical Therapist, Superior Rehabilitation

Loyd's response — Thanks, Billy! Billy is a superb physical therapist at Superior Rehabilitation. He and his team are very skilled at helping injured patients recover from surgery, find pain relief and improve their overall health. Billy and his team are our preferred physical therapists for Metairie and beyond. Billy and his team go above and beyond for each patient. I highly recommend them. As Billy says, Superior Service, Superior Results, Superior Rehabilitation. Superior Rehabilitation is conveniently located on Veterans Boulevard between David Drive and the Veterans Entrance/Exit on I−10. They can be reached at 504-887-7463 or superiorrehabilitation.com!

FUN STUFF: SUDOKU

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Find the answer key on page 4. (It's upside-down!)



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But, as a true friend, I found a good rest home for the little maroon fridge. My daughter Sophie wants it for her room. So, to her it goes.

The sounds of glee from the team upon the realization drowned my tears as I mourned my little friend. Christy called for its ouster – not to me, but to the boss – Lindy. And so, a new, larger office fridge was obtained.

After college it stayed with my parents for a while, but when I opened my office in 2010, the fridge made its way back into my life. A little square (like me, I'm told...) with a tiny freezer prone to growing ice, the fridge has dutifully and faithfully kept our waters and drinks cold day and night since we opened the doors in August 2010. But as we have grown, our fridge has not.

A great little friend in my life since 1997 has been retired. This little dorm-sized refrigerator was given to my care when I left for college in 1997. I believe my uncle "Nonk" had it before then, but I'm not sure exactly how long he had it. I'm not sure exactly how long he had it.



They don't make 'em like they used to...