

# THE Key Piece

A MONTHLY PUBLICATION OF  
LOYD J. BOURGEOIS LLC

## THE HARDEST PART? Starting...

The journey of a thousand miles begins with one step.

This old Chinese proverb was recently a theme of a conversation with Jimmy DiResta – DESIGNER. BUILDER. MAKER.

At heart, Jimmy is a creative creator. He currently has show on Netflix titled “Making Fun” in which he and his friends build creations from the minds of kids’ imaginations. He’s had multiple TV shows and kind of invented a unique style of video highlighted on his YouTube channel, which has almost 2 million subscribers.

One theme Jimmy relayed is that you just have to start. With some of the creations he makes for his show, he really doesn’t know where to start many times. But by just starting, things start taking shape. When he gets a creative block, he’ll pick up a tool and piece of wood and start whittling, or maybe sanding or chiseling. Then slowly – magically – the project starts taking shape.

As Jimmy expressed, the mere act of starting gets our minds and bodies focused on the challenge. It’s the first step to the thousand-mile journey. The end is so far away, but starting gets a person on the path there



Somewhere along the path, a breakthrough happens. A sliver of an idea takes hold; a revelation about a material unfolds; how the pieces will best fit together becomes clearer.

But it never happens unless you start.

While for Jimmy, starting is usually physical (tool in

hand); for us, starting could be reading, thinking, or visualizing.

And this really hit home. At our firm, we are often faced with unique client circumstances, fact patterns, and medical issues. Many times, when facing such unique issues, the team is uncertain of where to begin. I always say to our team that we just have to start with what we know – or sometimes with what we don’t know. Then the magic will happen.

What have you put off starting because you didn’t see the clear path to the goal? As we close in on the end of 2022, what project or goal has languished for you because the journey seemed too far? Don’t worry about the end. Just get started and let the magic happen!

Here’s to you taking the first small step,

A handwritten signature in cursive that reads "Lloyd J. Bourgeois, Jr.".



Lloyd J. Bourgeois  
Attorney-at-Law



### GET YOUR FREE COPY! *Injury Victim's Diary*

I created this workbook for you to document all the evidence you need to obtain a fair settlement from the insurance company after getting hurt in a wreck; things you may forget with time, like:

- The accident details.
- Witness information.
- The progression of your pain and symptoms.
- History of missed work and wages.
- Names of doctors and dates of visits.
- And more!

*If you'd like a copy of this resource or know someone else who may need one, give our office a call at (985) 240-9773 or visit [LJBGuides.com](http://LJBGuides.com). We'd be happy to send you a free copy.*

Lloyd J. Bourgeois LLC  
Offices in Luling & Metairie, La.  
(985) 240-9773  
[www.LJBLegal.com](http://www.LJBLegal.com)



**"DON'T WAIT FOR THE MAGIC. MAKE THE MAGIC HAPPEN."**

– Jimmy DiResta

# LJB's Cookin' Corner

## BUTTERMILK SPOON BREAD

### INGREDIENTS:

- 3 tbsp unsalted butter, cut into small pieces, plus more for greasing dish
- 2 cups whole milk
- 1 cup whole buttermilk
- 1 cup finely ground white cornmeal
- 2 tsp chopped fresh thyme
- 2 tsp kosher salt
- ½ tsp black pepper
- 3 large eggs, separated

### INSTRUCTIONS:

1. Preheat oven to 350°F. Generously grease a 2-quart casserole dish with butter. Heat milk and buttermilk in a medium-size heavy saucepan over medium until steaming but not boiling. (Look for small bubbles forming around edges of saucepan.) Gradually pour cornmeal into milk mixture in a slow, steady stream, whisking or stirring with a large spoon. (Scrape sides of saucepan as you whisk to prevent lumps from forming.) Reduce heat to medium-low. Cook, stirring often, until cornmeal dissolves completely and mixture thickens, 10 to 12 minutes.
2. Remove cornmeal mixture from heat. Add butter, chopped thyme, salt, and pepper, stirring until butter melts and mixture is combined. Let stand 10 minutes.
3. Place egg yolks in a medium bowl. Stir in 2 cups of the cornmeal mixture until combined. Transfer cornmeal-egg yolk mixture to remaining cornmeal mixture in saucepan, stirring quickly until combined. (Mixture may still look a little grainy or lumpy.)
4. Beat egg whites in a medium bowl with an electric mixer fitted with a whisk attachment on medium-high speed until stiff peaks form, about 1 ½ minutes. Gently fold egg whites into cornmeal mixture using a spatula or large spoon until mixture becomes a smooth batter with no streaks remaining.
5. Spoon batter into prepared casserole dish. Bake in a preheated oven until spoon bread is puffed up, firm, and lightly browned, 35 to 40 minutes. (Note the spoon bread will initially



puff up to great heights but then deflate within minutes of leaving the oven.) Serve hot or warm.

*If you have a recipe that you'd like to submit to the newsletter, please share it with us at [info@LJBLegal.com](mailto:info@LJBLegal.com). We're always looking for new recipes to try and share.*

# Enjoy!

## AN INSPIRING WEEK IN NASHVILLE

*Lindy and I recently spent a week in Nashville. It was two days of masterminding followed by two days of the GLM Summit. It wasn't all work. There was a good bit of fun mixed in after hours. Many inspiring and thought-provoking conversations were had with attorneys and entrepreneurs inside and out of the events. Lindy and I are exhausted physically and mentally but are coming home full of ideas on how to improve our client experience, the culture of our team, and the impact we make in our community. We are so grateful for the fellowship of this group.*



### Reminder About Our Firm's COMMUNICATION POLICY

Our promise to you is that while we are working on YOUR case – we are WORKING on YOUR case. And this goes for each and every one of our clients. This means that our focus and attention are squarely on your case

and not anything else. Because of this, Loyd Bourgeois DOES NOT take unscheduled phone calls, emails, or walk-ins. This makes all of us more productive, efficient, and knowledgeable about YOUR case. It may help get your issue resolved faster. You can always call the office at (985) 240-9773 and schedule a phone appointment or in-person visit.

### DISCLAIMER:

*This publication is intended to educate our clients, referral sources, and others in our network. This is not intended to be legal advice.*

*Each case is different. You can pass this information along to your family and friends as long as the newsletter is copied in its entirety.*

## HOLIDAY CONVERSATION STARTERS

Here are lots of fun facts sure to be a hit this holiday season:

1. "Jingle Bells" was the first song played in space.
2. If you gave all the gifts listed in "The Twelve Days of Christmas," it would be 364 presents. (But we don't recommend it. This gift strategy didn't work out for Andy Bernard on "The Office.")
3. Americans expect to spend around \$800 on Christmas presents but actually spend more like \$1,500. (According to a Deloitte study.)
4. The Statue of Liberty is the largest Christmas gift ever given.
5. A record number of babies are conceived around the holidays, making September the most popular birth month of the year.
6. "Home Alone" is the highest grossing Christmas movie of all time, but the story line wouldn't be possible in the same way today with technology, airport security, etc.

## WE NEED YOUR HELP: Newsletter feedback

Our goal for this newsletter is to bring inspiring, fun, and thought-provoking content to your mailbox every month while also staying top of mind if you or anyone you know needs legal services.

Please scan the QR code to leave your feedback

on what you like about the newsletter and what you'd like to see moving forward. We'd love to hear from you so you continue to be excited to receive and read this newsletter every month.



## HAPPY THANKSGIVING!

### FUN STUFF: SUDOKU

1			4	6	3			
			1		2			
9	4	6		5				
8			2					6
	9	1	3					
		7	4	9				8
5	2			1	8			7
		3						
		9						

Find the answer online at [tinyurl.com/ljbsudoku](http://tinyurl.com/ljbsudoku).

## THIS MONTH'S JOKE CORNER

My good friend Mark recently asked if he could supply the jokes for the next Joke Corner. "Of course!"

- My wife told me it was important to embrace your mistakes. **Then she gave me a hug.**
- Why did the cookie go to the doctor? **He was feeling crummy.**
- What type of animal gets in trouble at school? **A cheetah.**
- Why can't T-rexes clap? **Because they're dead.**

I read these to Reid. After the T-Rex joke, he replied, "That sounds like a Mr. Mark joke." "Yes, son. Indeed, it does."

*Thanks Mark! We're always happy to receive submissions from our readers. If you have a joke to share, please email us at [info@ljblegal.com](mailto:info@ljblegal.com).*

## REVIEW ROUNDUP



"Would like to thank the firm for an outstanding job on winning my case. It was long road. I highly recommended this firm. Thanks."

— Robert Lewis



"Mr. Bourgeois is a consummate professional and has my unreserved recommendation. His team at Loyd Bourgeois [Legal] is professional, knowledgeable, and kind. I highly recommend them to anyone who has been denied disability [claim], suffered a personal injury, or is going through a divorce."

— Kimberly Morrison



Thanks to everyone who voted for us! We're humbled to be recognized by the NOLA Family Favorite Reader's Choice awards. We are so grateful for your continued support of our mission to fight life's legal battles with compassion and care.

## Thank you for your recent referrals to LJB Legal

- Theresa Arabi
- Racheal Tate
- Christina Legrande
- Nick Graphia, attorney
- Lorne Schaubhut
- Darrel Ledet
- Sandra Turner
- Josh Sasal, attorney
- Kevin Bogtan
- Addie Prewitt, attorney
- Meredith Turner
- Dharamcaul Ramsarup
- Steven Griffith, attorney
- Corbett Aubre
- Sandy Fambrough, EDPNA
- Stacey Diesel
- Jake Lemmon, attorney
- Kara Dufrene

## LEGAL VIP PERKS

Notary services are a courtesy we offer to clients for free if we don't have to prepare the document. Just send us an email at [info@ljblegal.com](mailto:info@ljblegal.com).



Lloyd J. Bourgeois LLC

50 Wade Street, Ste. 9

Luling, LA 70070



888-552-4773



LJBlegal.com

LOYD J. BOURGEOIS  
ATTORNEY-AT-LAW

To be removed from our mailing list, call (888) 552-4773.

## How We Help:

Disability • Injury • Divorce • Insurance

"We Fight Life's Legal Battles with Compassion and Care!"

- Hurricane Insurance Claims
- Car Accidents & Personal Injury
- Social Security Disability & Long-Term Disability
- Divorce & Child Custody

IN THIS ISSUE: Starting is the Hardest Part // Buttermilk Spoon Bread // Conversation Starters

# 'TWO' MUCH FUN

at the LSU vs.  
Alabama Football Game

Between all our many activities, it's not too often the entire Bourgeois Krewé gets to attend an LSU game together. But in one of the many miracles of the night, we were all there when LSU beat Bama in Tiger Stadium for the first time since 2010 in what has now been dubbed "The Conversion" game.

It was one of the most electrifying games I've attended and probably the best my kids have experienced. Death Valley was packed beginning to end, and there was never a lull in the crowd the entire four hours.

The Earth literally *shook* TWICE in the closing minutes of LSU's upset victory when the Tigers scored a touchdown in

overtime and then again moments later when they won the game with a successful two-point conversion. According to measurements taken by the LSU College of Science seismograph, multiple celebrations by the crowd in Tiger Stadium registered on the Richter scale.

There are a lot of life lessons you could take from this team — a new coach, a young team, an underdog; motivation, perseverance, grit, calculated risk-taking, trust in your team and processes.

But with Preston in his senior year of high school and Sophie not far behind, my main takeaway is it is even more apparent that these are the days and memories to cherish.

